



2021 Fall Tryout Information

FamilyID must be completed & approved prior to all tryouts. FamilyID instructions can be found on the athletic website www.cghsfl.org/athletics

Football - Coach DuBuc dubuc@cghsfl.org

Varsity Schedule- August 2nd -August 6th 8:30-12:30

Athletes report to the Varsity locker-room at 8:30. Please wear RED SHORTS and WHITE SHIRT.

Please bring your own water and a towel.

Beginning August 9th practice will be at 3:30.

Junior Varsity Schedule – August 2nd 9:00

Athletes will report to the PE locker-room to meet with Head Coach Wallace McIntosh.

August 2nd practice will be 9:00-12:30. Beginning August 3rd, JV practice will begin at 3:30.

Please wear RED SHORTS WHITE SHIRT. Please bring your own water and towel.

Volleyball - Coach Reeber reeber@cghsfl.org

JV & Varsity tryouts will be August 2nd & 3rd 9:00am - noon. A practice schedule will be sent out after the teams are finalized. Practices will be in the morning on August 4th - 6th.

Cross Country - Boys & Girls - Coach May crosscountry@cghsfl.org

Cross Country try outs for all grades will take place **August 2nd at 9:00am** at the Cardinal Gibbons track and **August 3rd at 5:30pm** also at the Cardinal Gibbons track. Student-athletes should show up with running shoes and comfortable clothing prepared to run along with a water bottle.

Swimming – Boys & Girls - Coach Barnhardt swimming@cghsfl.org

Practices will begin August 11th – August 16th from 2:00-4:00 pm at Westminster Academy. Starting August 17th, practices will be 6:00 to 8:00 pm Monday through Thursday.

Golf Boys - Coach Pincket boys-golf@cghsfl.org Girls - Coach Hilliard girls-golf@cghsfl.org

Girls tryouts will begin on August 2nd at 3:00 at Pompano Beach Golf Course. Please contact Coach Hilliard to let her know you will be trying out.

Boys tryout information will be posted on the boys golf page of the athletic website.

Cheerleading - Coach Lambert – lambert@cghsfl.org

Contact Coach Lambert directly

Dance - Coach Garcia – dance@cghsfl.org

Contact Coach Garcia directly

[FamilyID Instructions](#)

[CGHS Athletics Website](#)