

## CGHS alumni go to war

By Brittany Woehler

These times are trying and almost feel surreal. The reality is that America is fighting two wars in two different countries, Iraq and Afghanistan.

Everyone has his or her own opinion about the situation in Iraq. There is international sentiment to liberate the citizens of Iraq from their dictatorial and harsh government. Many students may not feel affected by this war, but others are when a family member or friend is sent to fight.

Three CGHS students from the class of 1999 are in the war zone at this moment. Mike Murphy and Trevor Watson are a

part of the 1st Marine Division, 2nd Tank Battalion. Erez Tal-Shahar is with the Army Reserve. He was deployed March 25, 2003, and his location is unknown. We pray for the safe return of all the young men and women in our armed forces.

To help in a small way, students may send peaceful or comforting messages to the troops. There are many outlets to do this, such as Y-100, which offers listeners the opportunity to leave messages for the troops in Kuwait. At some technology stores like Best Buy, customers can record messages for the troops. These are just two small ways one can help support those who protect this great nation's freedom and way of life.

Continued on page 12



Mrs. Copanos and her son John are with Sr. Marie at the dedication of the the gym lobby. Story page 20



State wrestling champs Sam Dorvil and JT Taylor - Story page 14

## Wrestling team wins second state title



Coach Pettineo presents Sr. Marie and Mr. Ott with the State Championship Wrestling trophy. Story page 14-15.

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## And the raffle winner is...

By Brittany Woehler

At a special assembly on March 7 the winners of the raffle were announced. The goal of \$112,000 was surpassed by over \$15,000. The total was \$127,730 to be exact, the most money ever raised. Every class sold enough tickets to reach, or exceed 100%. That's a CGHS raffle record. Mr. Ott commended CGHS students and faculty for their active participation in this year's successful raffle.

Mrs. Milano and her staff received a standing ovation for all of the hard work that they put into organizing this event. Everyone's efforts have brought the dream of

more classrooms closer to a reality.

During the assembly, Color Guard and three dance team members gave a great performance. Then Mr. Cubas announced the class percentages, and challenges. The seniors were thrilled to beat the juniors and get the indian back in Mr. Owens's room.

The lucky winners of this year's raffle, chosen by top sellers Avanna Maguire, Kelly Rotella and Rachel Church, were Bill Buerosse, freshman, Kyle Buerosse's father, Michael Sinko, sold by senior Michelle Mattheis, and Al Fernandez, senior Danny Fernandez's father.

### Raffle Winners:

1st Place - \$3,000-Bill Buerosse  
2nd Place - \$1,500-Michael Sinko  
3rd Place - \$500-Al Fernandez



Mr. Cubas's class had the highest percent of sales. Way to go!

A record \$127,730.00  
was raised.



### Top 3 Ticket Sellers: (left to right)

1. Junior, Avanna Maguire - \$1,515.00
2. Senior, Kelly Rotella - \$1,513.00
3. Sophomore, Rachel Church - \$1,126.00



### Sellers of Winning Tickets:

(left to right)

- 1st Place-Freshman, Kyle Buerosse, sold the winning ticket to his father.  
2nd Place-Senior, Michelle Mattheis, sold the ticket to a visitor from New Jersey.  
3rd Place-Senior, Danny Fernandez sold the ticket to his father.

### Top Ten Classes:

1. Mr. Cubas- 265%
2. Mr. Owens- 220%
3. Ms. Miller- 214%
4. Mr. Lasher- 208%
5. Mrs. Parr- 201%
6. Mrs. Serafini- 186%
7. Ms. Meade- 175%
8. Mr. Hamilton-161%
9. Mrs. Curran- 159%
10. Sr. Janet- 158%



### Class Percentage:

1. Freshmen- 113%
2. Seniors- 107%
3. Juniors- 105%
4. Sophomores-100%

The seniors react when Mr. Ott announces that they beat the juniors in class percentages and get the "Chief" in Mr. Owens's room.

### Class Challenges:

- |                          |                           |
|--------------------------|---------------------------|
| Sr. Janet- 158%          | <b>Mrs. Parr- 201%</b>    |
| <b>Mr. Lasher- 208%</b>  | Ms. Keese- 110%           |
| Mr. Hamilton- 161%       | <b>Ms. Miller- 214%</b>   |
| Ms. Grant- 121%          | <b>Ms. Gillette- 132%</b> |
| Mr. Anderson- 145%       | <b>Mr. Ziontz- 146%</b>   |
| Mr. Davis- 108%          | <b>Mr. Rowan- 110%</b>    |
| <b>Ms. Kennedy- 115%</b> | Mr. Pressman- 81%         |
| <b>Mr. Cinelli- 116%</b> | Mr. Orcutt- 102%          |
| Mrs. Martin- 82%         | <b>Ms. Meade- 175%</b>    |
| <b>Mrs. Curran- 159%</b> | Mr. Pressman- 81%         |
| Fr. Callan- 110%         | <b>Br. Ferris- 127%</b>   |
| <b>Mr. Cubas- 265%</b>   | Mr. Owens- 220%           |



Mr. Anderson (left) lost the class challenge to Mr. Ziontz by only \$15.00!

## *Insight* is looking for You!

Contributing writers and artists are needed.  
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in room GH1.

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## Brain Awareness Week Celebrated

By Brittan Furness

Brain Awareness Week elevated public awareness and created interest in brain and nervous system research. It was held from March 10 to the 16, and was celebrated in classrooms, laboratories, and lecture halls across the nation.

Sponsored by the Society for Neuroscience and the Dana Alliance for Brain Initiatives, Brain Awareness Week involves more than 1,200 scientists, patient advocates, and members of health care organizations. They organize educational events emphasizing the importance of basic neuroscience research to the health and well-being of the American public. This year's events marked the eighth

annual Brain Awareness Week. Activities during the week included classroom visits, laboratory tours, lectures and exhibits.

Many of these activities are aimed at high school audiences and serve to develop a budding interest in neuroscience for young people searching for interesting careers, as many often decide to study neuroscience in college after attending Brain Awareness Week events.



Students are wearing their "altered reality" glasses.



Katie Miller displays her project board on drugs and the brain.



Lindsey Belt displays her project board on migraines.

## Using their brains

By Brittany Woehler

Mrs. Curran's A.P. Biology classes participated in Brain Awareness Week. Seniors Courtney Tirri, Matt Lear and Casey Gaskins gave Mr. Ziontz's freshman class a lecture on the effects of drugs on the brain. Then they played a game of Jeopardy with the students.

Juniors Brooke Phelps and Jennifer Stark went to Country Hills Elementary School where they played challenging games with the students and taught them about the brain.

Some students made models of the brain, or had project boards to explain brain disorders or to bring about the awareness of the effects drug and alcohol have on the brain.

Mrs. Curran said, "The projects were a success. Next year I hope to expand the project."

## Brain Power!

Do you have trouble studying? Try mnemonic devices such as the technique below to aide you in your studies.

Give yourself two minutes to memorize these ten words in order:  
Candy, Head, Bear, Farm, Ring, Cat, Jennifer, Necklace, Nine, Pen.

Cover up the list. Now recite it, first forward, then backward.

What was the seventh word on the list?

If you can't answer the question, next time, make up a list of reminders for each word:

Candy is number one with me.

Two Head(s) are better than one.

The Three Bear(s) is a great story.

A farm is for (four) animals.

Five ring(s) for five fingers.

# National Honor Society news:

By Taylor O'Brien

## Be brave, give blood

Over 100 people donated blood on February 20 at the 2nd blood drive of the year sponsored by NHS (National Honor Society) and organized by Chelsea Lesky and Brooke Adams. Chelsea Lesky said, "We hope everyone will support our next one on May 1st." With everything going on in the world, blood donations are of vital importance!

Everyone who can should donate blood. Mrs. Parr, NHS moderator, said, "I was very pleased with the support of the students and parents." Keep up the good work.



Helping with the blood drive are Ashley Bomarito, Chelsea Lesky, Christine Soufleris, Cathy Curry, and Christina Pitcher.



Giving blood are Casey Gaskins and Jeff King.

## Brain Brawl

The National Honor Society (NHS) sponsored an academic competition, much like the game show *Jeopardy*, called Brain Brawl. St. Andrews, St. Anthony's, St. Clements's, St. Coleman's, St. Gregory's, and St. Mark's were the six schools that competed on March 15. Kathryn Farland and Nora Kern organized the event.

The contestants had the support of their parents and teachers, who were also in attendance. The players were enthusiastic and always ready to answer questions from the following categories: English, Math, Science, Social Studies, and Current Events.

"I thought it was the smoothest running competition in the many years we have had this. Everyone enjoyed themselves and got into the spirit of competing," said Mrs. Parr, NHS moderator.

This year's winners were the following:

- 1st place - St. Gregory's
- 2nd place - St. Mark's
- 3rd place - St. Coleman's



Pictured above is St. Gregory's 1st place team with Kathryn Farland and Nora Kern and below is St. Mark's 2nd place team.



## Spanish Honor Society

Mrs. DiDonato will be inducting the following students into the Pan American Chapter of the Sociedad Honoraria Hispanica on Wednesday, April 30th. These students have an overall weighted cum GPA of 3.8 or higher, have demonstrated leadership and service for their school and the community, and have displayed outstanding integrity and character.

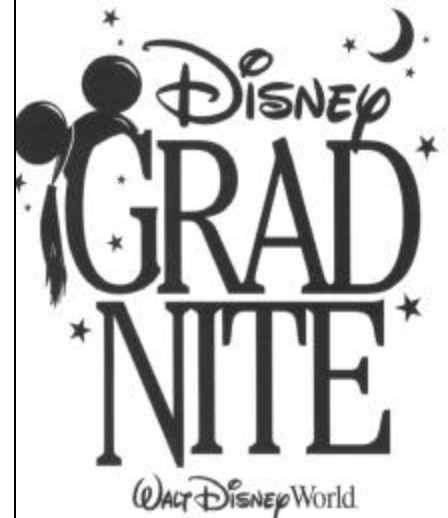
Mrs. DiDonato would like to congratulate all of these students and is looking forward to working with them.

The inductees are the following:

Jonathan Bouchard  
Diego Camacho  
Katherine Conte  
Carolynn Del Moral  
Caitlin Downs  
Sara Forhan  
Alyssa Gosselin  
Caitlyn Johnston  
Jodi-Ann Kong  
Jennifer Mahon  
Meghan McLane  
Gina Pettineo  
Nina Pinnella  
Mikel Solupe  
Marjorie Spangler  
Kari A. Swiderski  
Cristina Zitoli



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for more  
information.

## Soaring with the eagles

By Ashley Hewlett



Sophomore Ryan Hageman is now an Eagle Scout, which is the highest honor a Boy Scout can achieve.

The initial step in becoming an Eagle Scout requires the completion of a community service project. Ryan's project was to single-handedly organize a blood drive. His final task was to stand before a review board and answer questions based on his project, boy scouting in general, and current world events.

Ryan passed this test with flying colors. He now attends

weekly scout meetings with Troupe 333. Each week they work on different activities to earn badges. Ryan now has 35 badges total, including personal management, citizenship in the world, nation and community.

"Through all of my scouting I have learned many values including leadership and discipline," said Ryan. This accomplishment, which shows his dedication and persistence, will assist him in not only applying for college but also throughout his life. Way to go, Ryan!

## CGHS student goes pro

By Ceara Manchester



Most high school students can only dream about being a professional at something they love. At 17, Carey Dobies is living his dream. He is not only a professional tap dancer but also a part-time dance teacher.

"At 13, I became a professional tap dancer, touring with a show called Common Ground, in which tap, clogging, and Irish dancing share a, no pun intended, common ground," said Carey.

Carey is teaching tap for a second year at a dance studio in Boynton Beach, Florida, called Southern Dance Theater. Currently, he is also teaching his first competition tap soloist. "I find teaching larger classes harder than teaching solos, but it's more enjoyable because of the way the dances usually look in the end," explained Carey. He always thought that somehow he would follow in the family footsteps. His mother is a dance teacher, his grandmother was a dance teacher, and his great grandmother was a

dance teacher.

"I want to teach people to respect tap as an art form, and make people realize that tap is not in anyway like the stuff people have come to assume it is." Carey hopes to give his students a better understanding of tap, and the complexities of the rhythms, and steps it entails. Carey doesn't try to teach students to just tap, but to feel tap. Carey loves tap because he said, "It is the only form of self-expression that I can rely on when I really need it the most."

With all of his success, Carey somehow seems to stay modest about it. He is, however, truly passionate about tap. Carey agrees with the statement Savion Glover, a famous tap dancer, made about tap. Savion said, "If you can tap an 8 bar phrase with your feet and someone, not a tapper, can tell you what you just said, then you've hit it, you're a hooper. . ."



Carey is pictured tapping on the streets of New Orleans

## A rising star

By Ashley Hewlett



Alessa Ocampo, a junior here at Cardinal Gibbons High School, recently was featured in a local concert. A group of talent scouts traveled around the country to find young singers to perform in a talent show. At every audition many contestants tried out, but only a few were picked to actually perform at the talent show.

The Big Time Talent Show, as it was called, took place at Mizner Park in Boca Raton on Feb. 22. The bands that performed were Metal Militia, The Act, Soul Desire, and Gypsy. The solo acts were Lauren Gulancavich, Mariah Mato, and our very own Alessa Ocampo.

Alessa, who was accompanied by twenty-five dancers, performed two songs, "Break my Heart" and "Respect." Both songs were Alessa's original material.

"This was a great experience, and I got a lot out of it," said Alessa. Not only did she get the honor to perform in The Big Time Talent Show, but she was also rewarded for her performance. Alessa won the Showcase Artist of the Year award.

Congratulations, Alessa!

## Gibbons' own "American Idol"

By Ashley Ruiz-Margenot

When Michelle Artimez heard about the Y-100 radio station's American Idol Rejects contest, she knew she had to enter. The contest was geared towards aspiring "idols" that missed the auditions for the American Idol show. Michelle applied online, giving her name, number, and a brief explanation of why she wanted to win. A few weeks later she was selected as one of three finalists. She then went to the Y-100 studios to record the song

"The Way You Love Me" by Faith Hill. After that, her fate was up to the public. Thousands voted online for their favorite finalist. The people chose Michelle as the American Idol Reject!

"I couldn't believe that there were that many people who voted for me!" she said. "I was speechless." Michelle received a \$100 gift certificate to Gada's clothing store, a \$250 makeover at Elemis Spa, and the chance to record a demo tape, which will be sent to Def Jam Studios in New York. In addition to giving her an incredible opportunity, Michelle said this experience has encouraged her to perform more.



Michelle Artimez

"I truly feel at home on the stage," she said. "I love entertaining people."

Congratulations, Michelle!

## A taste of Hollywood

By Ashley Ruiz-Margenot



Guest speaker Mr. Terry Miller

On February 26th, the Drama Department had a special guest speaker, Terry Miller. Mr. Miller has served as a unit production manager and a film producer in

several renowned films, such as *Ace Ventura Pet Detective*, *Terminator 2*, *Die Hard 1 and 2*, and *Lethal Weapon 2*. He has also worked on the television series *CSI Miami*.

During his visit, Mr. Miller answered the students' questions on various topics. He also commended the students on their involvement in the drama program.

"There are so many actors out there, and you have to be really good at what you do. What you're doing now is the best thing you could be doing, learning about your craft, learning about theater," he said.

Several students were interested in his choice of career and how he got started working in films. Many wanted to know how to get spots as extras in films, or

which classes to take in order to work in the technical aspects of film. Mr. Miller gave the students tips on breaking into the acting world and getting into film production. He gave the students a rare look into the film industry from an "insiders" point of view.

His visit also gave the drama students of CGHS an incredible opportunity they would normally not receive.

Thanks goes to Mr. Miller for being so generous with his time!



## Mathfax first place individual winners:



**Algebra I Honors**  
Freshman Justin Wright



**Geometry Honors and  
Algebra II Honors**  
Sophomore Tim Ironman

There were 13 Catholic high schools that competed in the Mathfax contest. Gibbons placed 3rd overall in Algebra I Honors and 2nd place overall in Geometry Honors and Algebra II Honors.

For more information on Mathfax and the contest visit their website: [www.educontest.com](http://www.educontest.com)

Congratulations to Justin Wright and Tim Ironman on this outstanding achievement.

## Cancer Walk

By Kristen Nelson



The American Cancer Society is holding its annual "Relay For Life" cancer walk in order to generate profits to help in the advancement of a cure for cancer. It's a fun time and everyone is invited to participate in the largest non-profit event in the world.

The walk begins at 6pm on April 11 and ends at 11am April 12. It will be held at Pompano Beach High School.

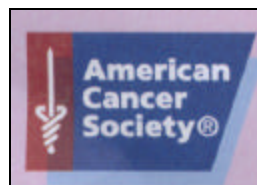
The organizers of the event, Mr. Cubas, Ms. Grant, and Mrs. Curran, are asking for a

minimum donation of twenty dollars to enter the event. Stay for the entire evening or spend just a few hours.

There will be a candle lighting ceremony at night to honor those who have lost the battle to cancer.

This fundraiser is not only a "Relay For Life"; it is a unique experience that everyone should enjoy. Teams are formed and together they build tents and decorate them. The idea is that you must support your team by keeping one member from your team walking at all times throughout the night.

Anyone who has the chance to participate should do so. Not only is it a fun filled evening with food, friends and family, but it is also an event of great importance. You may be able to make a difference in a person's life.



## Sleepy Head

Believe it or not, sleep is necessary. Here is one reason why you should sleep in order to have a more productive day.

Missing one night's sleep makes you crabby. Two sleepless nights and you have trouble concentrating. Several nights of no sleep and you hallucinate (see things that aren't there).

## Train your brain

Do you wake up at the same time every morning? Ask a friend to hold a watch with a second hand. When your friend says "Go," try to guess when exactly one minute has passed. Keep trying. With practice, you can guess almost precisely.

## Is your car safe?

By Carolyn King

Many CGHS students are getting ready to buy a car, and there are many factors to take into consideration. One of the most important is safety.

According to the Department of Motor Vehicles (DOT), drivers under the age of twenty-five experience a much higher percentage of traffic fatalities when compared to other drivers. About twenty million drivers are involved in vehicle accidents each year. Some safety features to look for when making a car selection are the following: 1) size and weight, 2) passive safety, and 3) active safety.

In the size and weight category, all vehicles must pass minimum standards by DOT. Larger, heavier cars are usually safer. Small cars account for twice as many deaths as larger ones do. The Saturn, although a small car, has cross supports in the doors and the vehicle and is built to help keep people alive in a crash.

Edward Appleby, owner of King Mitsubishi of Coconut Creek and Lighthouse Point said, "The Saturn is one of the safest small cars on the road."

Passive safety can help people survive a crash. Seatbelts and airbags are some examples of passive safety. Appleby feels that seat belts are the most important safety features in cars. A recent DOT survey found that 50% of drivers under the age of 25 did not wear a seatbelt on a regular basis. Seat belts are the best safety device ever developed for the auto-

mobile. They were first installed in the 1950's and have been mandatory since 1967. Airbags are now available in front and sides. Appleby thinks that, "On smaller cars, it's a good item to have if you can afford it." Also, the combination of seat belts and air bags is 75% effective in preventing serious head injuries, and 66% effective in preventing serious chest injuries.

The most important active safety feature is the tires because they affect the stopping and handling of the car. "Tires need to be inflated to the proper specifications by the manufacturer to maximize traction and stopping distance. Under inflated tires can be dangerous," Appleby explained. Traction control improves directional ability on wet roads.

Mr. Appleby also explained OnStar, a fairly new feature on cars. "Onstar is a communication system you can get on an automobile that dials an emergency number and pinpoints where your automobile is located in the event that it breaks down. Additionally, if the airbag explodes, Onstar is automatically activated.

Insurance can protect you and your family in case of an accident or injury. A safe vehicle not only protects you and your family, but can also bring down your insurance costs. Vehicles considered to be safer than others generally carry a lower insurance premium.

"First you must determine your personal needs in an automobile," said Mr. Appleby. Some of these might be cost of operation, safety, utility, styling, and price.

"Once you decide on the most important factors, then you may have to compromise on other factors. Generally speaking, larger cars are safer; but, generally speaking, larger cars are more expensive. I also feel that if you can't afford a new car that's safe, then you should buy a used car that is safe."

When making your car selection, do put safety at the top of the list.

### Faculty News:

#### There is a doctor in the house



Mr. Jeremy Rowan, who teaches World History, World History Honors, and European History AP, recently earned his Ph.D. in Modern British History from Louisiana State University. He did his undergraduate and graduate studies at Southern Illinois University.

Cardinal Gibbons is proud to have him on its staff. The entire CGHS community congratulates Dr. Rowan on this great achievement.

## Out with the oil war

By Amanda Sacino



“Our cause [for war] is just...” which one? In our “crusade”, (as President Bush repeatedly called it), there has not been a stable “just” cause, depicting the United States as a schizoid imperialistic bully. We are pointing

blind fingers because of 9-11 and the threat of terrorism, but really, it all comes down to the White House’s thirst for oil. Otherwise, why *now* would President Bush squander lives and money when this threat has been looming over us for some time?

Naïve me, I thought we were looking for Osama, the one who actually offended us on 9-11. Unless he is hiding with Hussein, they have no connection to each other. Despite that, we are dealing with some of the richest men in the world; why do we keep looking for them under rocks?

After a hiatus with Elizabeth Smart, we changed focus to the alleged production of chemical and biological weapons by Hussein in Iraq. Hence our hypocrisy: we called this violation to the attention of the U.N., and then we turn around and blow off policy by going to war without a majority of approval. France, Germany, and Russia will not bite the hand that feeds them, but in this foreboding age of weapons capable of de-zoning us, we are resisting diplomacy.

The Pentagon even acknowledged that war will not reduce Hussein’s weapon stockpiles, and that it is possible it will not drive him from power. Tax money was exhausted on new precision bombs that work wonders; they can target all the *inspected* weapon facilities and destroy U.N. monitoring equipment, while bypassing Hussein’s stockpiles in the desert. With all the troops we have sent over, we are presenting nothing except the potential for another Vietnam. This “Oil War” is totally preventable and is only going to make a few of the rich richer, like Dick Cheney’s old oil company which has already signed a contract with the government to rebuild the oil wells in Iraq.

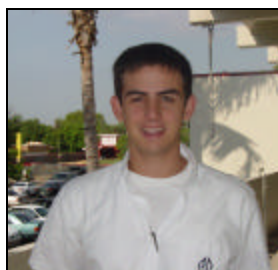
When all is said and done, is it “just” what

we are going to do to these people’s lives? If Hussein’s regime is decimated, we intend to impose American democracy on Iraq. And we think we have problems now! Hussein and his potential weapons will be nothing compared to the negative reaction from this culture shock.

We should not be at war with Iraq. If it is not Hussein or Osama, it is guaranteed to be someone else claiming “Jihad” or something similar against America. For all we know, Hussein and Osama are taking a holiday in North Korea, while we re-landscape for them. Nevertheless, everyone’s prayers and gratitude should be with our troops.

## Why?

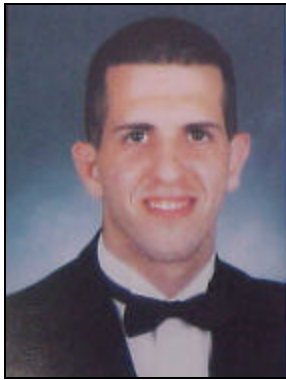
By Michael Casciato



The most important question that people in a democracy can ask is, why? That question is the catalyst for a thousand other questions just waiting to be asked. Applied to the newly begun

war on Iraq, that question takes on even greater importance: it involves money, time, and most importantly lives. When asked, some in the United States believe that war is being waged for all the wrong reasons; these cynics, of course, have a point: President Bush would be in a good position to please the special interest oil groups and the military-industrial complex that he is so involved in.

But to me, this is not enough. These reasons may be true; however, that is not the main reason we are risking many lives in Iraq. We are there because we are America. We are there to fight the good fight. We are there to put into practice what other European countries will say and not do: the values of liberty, equality, and fraternity. It is for these reasons that we are at war. It is undoubtedly a right to protest, but the troops need support, just as they have in every other war in this country’s history. “Why now?” some ask. Well, need brooks delay, but better late than never. So that choice is up to you: we are in the war for the wrong reasons, or we are in war defending the values that we proudly display every day by our very existence.

**War** continued from page 1

Erez Tal-Shahar



Trevor Watson



Michael Murphy

These are the 1999 class photos of Erez Tal-Shahar, Trevor Watson, and Michael Murphy. Below are the addresses that are available at this time.

LCpl WATSON, TREVOR  
2nd Tanks BN/TOW PLT  
Det. A Unit 73203  
FPO-AE 09509-3203

LCpl MURPHY, M. R.  
2nd Tank BN TOW PLT  
5th Section Det. A  
Unit 73203  
FPO-AE 09509-3203

**Boys Volleyball Team**

By Kristen Nelson

The boy's volleyball team spiked into action this season in January. The season runs from March 5th until May 3rd, which is the State Championship game. Practices began on the track everyday for forty-five minutes of pure conditioning. Then, on February 10, gym practices started. Coach Marcy Meyer has the boys practicing rigorously five days a week. They alternate between intense early morning and late night court time. And it seems that their practices have paid off.

On the weekend of March 21-22, the team participated in the Bishop Moore Volleyball Tournament in Orlando. They, along with other high school teams, were personally invited to compete in the tournament. At first their hopes were wilting when they began on Friday with two losses. But their spirits kicked back into gear when they conquered three games and the Silver Championship on Saturday. Coach Meyer said, "The competition was excellent, and our guys really stepped up to the challenge." Some of the boys on the team did exceptionally well. Captain A.J. Belt cleaned up with 40 kills, 26 blocks, 14 digs, and 20 Svc.Pts., while Mark VanZwieten came out with a record of 63 kills, 12 blocks, 22 digs, and 21 Svc.Pts. (8 aces).

The younger generation dominates the team this year. There are 3 freshmen, 8 sophomores, 3

juniors, (2 new to the team) and 4 seniors (2 new to the team). The team has grown this year, happily accepting new faces such as Jim Doody and Thomas Albanese. Veteran volleyball player A.J. Belt has taken on the challenge of being captain along with fellow classmate Charles Blythe.

"We may be young, but we are very determined to improve each and every time we play, and we plan to be one of the contenders in the playoffs at the end of the season," said coach Marcy Meyer.

There are several competitive matches coming up and the team requests your support at both games and tournaments. Everyone's smiling faces are expected to be seen, cheering their hearts out at the game. Go Redskins!



## Talent will strike them out

By Ashley Prchal

Newcomer Ray Garcia recently transferred to Cardinal Gibbons from American Heritage in Plantation. Since he was 3 years old, on the Miramar Recreation T-ball team, Ray has had a zeal for baseball thanks to his father's passion for the sport. With 14 years of playing experience, old hand Garcia joined the Gibbons baseball team.

"I like the competitiveness in the sport," stated Garcia. "The team is doing very well and starting to come together."

Ray attempts to stay physically fit for the season. He per-

forms a throwing routine during the week before each game. Recently, Ray threw a complete game, 14 strikeouts, against Pope John Paul. Before that unbelievable game, he pitched against St. Thomas and won the game, 13-1, for Gibbons.

Mr. Hamilton said, "Ray is what we call a 'bulldog'. He is very weird in a good way. Overall, Ray is very well liked by his peers and has a fun, jovial personality. When it's time for him to pitch, however, he changes his personality totally. He becomes very intense and locks everyone out. He is a great competitor that competes everyday! We're happy to have him."

His win-loss record is 3-1, and his E.R.A. (Earn Run Average) is .30. Garcia's goals for the

season are to win 10 games and lead the county in strikeouts. Ray is striving to receive a baseball scholarship, but scouts can't attempt to speak with him until July 1. He hopes to have a future in baseball and wants to make sure he is accepted to a D1 (division 1) college for the sport.

"Whatever happens after that happens, but it would be great to play pro," concluded Garcia.



## Off to a running start

By Ashley Hewlett



Coach Gillette is talking with members of the team.

This year's track team consists of 71 girls and boys. The coaching staff includes Mr. Davis, Mrs. Obernesser (Coach Obie), Ms. Gillette, Mr. Fugazzi, Mr. Ironman, and Mr. Manchester. The

team has participated in three home meets and one away meet. So far the team is one and six.

Some of the key members of the team are Amanda Roy (running the 4-1 and the one-hundred individual), hurdler Pilar Echarte, Adam Dick (running the one mile and the 4-8), pole vaulters Sadel Waterson and Meghan Ewing (also a hurdler), Steve Hurley (shot put), Sam Dorvil (discus thrower), and Brian Shartrand (running the mile).

"I am pleased to see that Cardinal Gibbons has once again made track a priority, and I would like to thank Mrs. Crocco and my fantastic staff for molding these young adults into student athletes," commented Coach Tim Davis. The track teams goals for this year are to compete in Dis-

tricts and to perform their personal best in counties. Good luck with the rest of the season!

The boys' and girls' track team at practice on the track and in the weight room



## Three times a charm - four times a champion

By Kristen Nelson



In Latin, "Venit, Vidit, Vicit" translates to "He came, He saw, He conquered." Jonathan Taylor did exactly that. He came, he saw, and he unquestionably conquered the State Championships four consecutive times!

This awe-inspiring athlete began wrestling the summer before he entered middle school. A local police officer asked him to

participate in a wrestling camp held at the middle school. J.T., along with a few friends, decided to give the camp a try. What began as a simple summer activity, evolved into an unconditional love for a sport that would propel him to new inspirational heights.

Taylor's evolution into an all-star wrestler has spread a red carpet of achievements for him to stride upon. "Wrestling has brought me to realize that all good things come with hard work," said J.T. He knows no limits, a characteristic that makes itself unmistakably clear when reading through his list of accomplishments: first team all county four times, team MVP two times, receiving rebel invitation MVP two times, and being named Wrestler of the Year for both the 2001 and

2002 seasons.

As the lights fade out over the mat and the cheers muffle into the distance of his last competition for Cardinal Gibbons High School, this athlete can accept the close of the season with pride. Senior wrestling Captain Jonathan Taylor has a lot to be smiling about as his high school career comes to an end. In the words of the athlete himself, "This award means that whatever you want to do, it can be done; nothing is out of reach."

Forced to push himself beyond his limits and supported by his faith in God, J.T. has proven his excellence. Congratulations on your many successes, J.T., and good luck on conquering the future!

## Wrestling takes it all

By Shannon DeFries and Jackie Davis

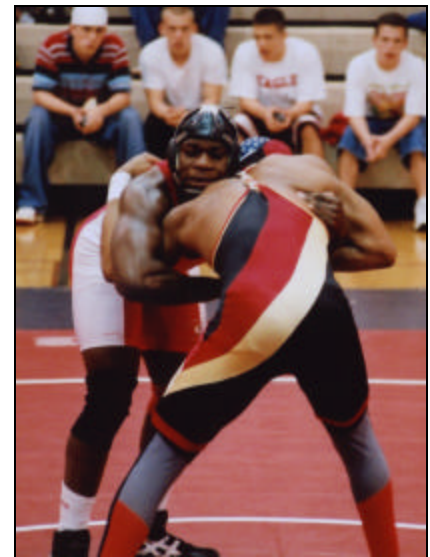
The 2003 wrestling team shattered records and brought home a second state title in Class 1A this year. Gibbons sent ten of its fourteen varsity wrestlers to compete in the State competition at Lakeland Center. Coach Pettineo said, "Our success is largely due to the hard work and dedication of the whole team."

Dedication and sacrifice separated the Redskins from the rest of the competition at the State tournament after Gibbons had acquired 125 points while the run-

ner-up, Hernando, only had 69.5 points with another day of wrestling still left to go.

"Our wrestling team is unique," said Pettineo. "The workouts are conducted as a mini boot camp. They work harder than the other teams, and, as a result, they have earned their state title." Gibbons wrestles during the Thanksgiving and Christmas breaks when they had practices twice a day. The coaches encourage the team to wrestle all year round, which 75-80% do.

continued on the next page



Sam Dorvil wrestling Andre Clark

**Wrestling takes it all**

In addition to Coach Pettineo, Coaches Anderson, Ziontz, Ironman, Bobby, and Cinelli help keep the practices upbeat and interesting.

At the Broward County Invitational the Redskins won their



Derrick Beveridge

sixth County Championship, their fourth consecutive win. All fourteen wrestlers placed within the top four of their respective weight classes and broke the records for most team points, most individual champions, most finalists, and most top four finishers. The team also continued its eleven year dual meet winning streak.

The Redskins left their



Jim Doody

mark at the State Tournament after senior phenomenon, J.T. Taylor, made history. It took him a grand total of one minute and twenty four seconds to pin Adam Burkey of Rockledge and become the third wrestler in Florida to have ever won four straight state titles. Taylor shared his enthusiasm with all of Lakeland Center grabbing a Gibbons flag and running throughout the arena making his presence known and sharing his jubilation with all of the fans. Taylor completed his high school career with an incredible record of 166-3.

J.T. wasn't alone in the



JT Taylor is celebrating his 4th state title.

winner's circle after Sam Dorvil won an individual state title over Andre Clark of Monsignor Pace. Dorvil fought hard to overcome a bad ankle injury, which he had to have taped in the second period. The two state champs were in good company with teammates racking up points right behind them. Derrick Beveridge, David Spanich and Leon Herrington all took the runner-up spot in their weight classes after wrestling their way to the finals. Others who placed in their division were, Richard Davis placing third and

Jorge Badia placing sixth.



Jorge Badia

Gibbons' wrestling team will be losing six of its senior varsity wrestlers, yet Pettineo remains positive. "This is a wrestling program, not a team, and it will flourish as it has in the past." The wrestling team started out this season with 105 boys and only 40 to 50 of the most dedicated made it to the end of the season. Gibbons wrestling is bigger than life to most of its members, and their passion will propel them to continue their streak of state titles.



David Spanich and Richard Davis

## A smashing success - and that isn't a rumor

By Ashley Ruiz-Margenot



Rachel Wheeler, Steve Callahan, Michelle Artimez, Margie Spangler, Bryan Davis, Katherine McGrath, Rob Miller, Christen Anderson, Caitlin Hunt, Javier Martin and Lindsay LouVierre

*Rumors* is the first nonmusical comedy that the Cardinal Gibbons Drama Department has performed. It is also the first play not directed by drama coordinator, Alyssa Kennedy. Debbie Sulenski, a dedicated "drama mom," single-handedly directed the play. A small 12-member cast and lack of an ensemble set *Rumors* apart from past productions.

*Rumors* was written by Neil Simon and tells the story of a dinner party gone wrong. Charley Brock, deputy mayor of New York, and his wife Myra host a dinner party for their tenth wedding anniversary. When the first guests, Ken and Chris Gorman (played by Javier Martin and Lindsay LouVierre), arrive they find Charley upstairs with a bullet hole through his earlobe, a wound from a failed suicide attempt. Even stranger, Myra is missing!

Ken convinces his nervous wife Chris to keep the truth from the other guests who arrive. Among them are Lenny (played by Bryan Davis) and Claire Ganz, (played by Margie Spangler and Katherine McGrath). Lenny is a financial analyst with a tendency to overreact. Claire is his sarcastic, social-butterfly wife who seems to know all the rumors in her social circle. When Ernie and Cookie Cusack join the fun, they bring their eccentricities with them. Ernie (Rob Miller) is a psychologist who, despite his ability to read people, cannot seem to determine the truth from all the lies being told. Cookie (played by Caitlin

Hunt and Christen Anderson) is a TV chef with chronic back spasms. The last to arrive are Glenn and Cassie Cooper. Glenn (Steve Callahan) is a candidate for state Senate who is trying to keep his marriage together. His wife, Cassie (Michelle Artimez), suspects that he is having an affair. When the police arrive at the end of the night, everyone's improvisational skills kick in. The police officers, Officer Welch (Casey Kleiman) and Officer Pudney (Rachel Wheeler), try their best to get the scoop from these interesting guests.

The performances were held in M-5 from March 28 through March 30. It was extremely well-acted and showcased the numerous talents of these twelve students. Congratulations to the cast and crew on a job well done!

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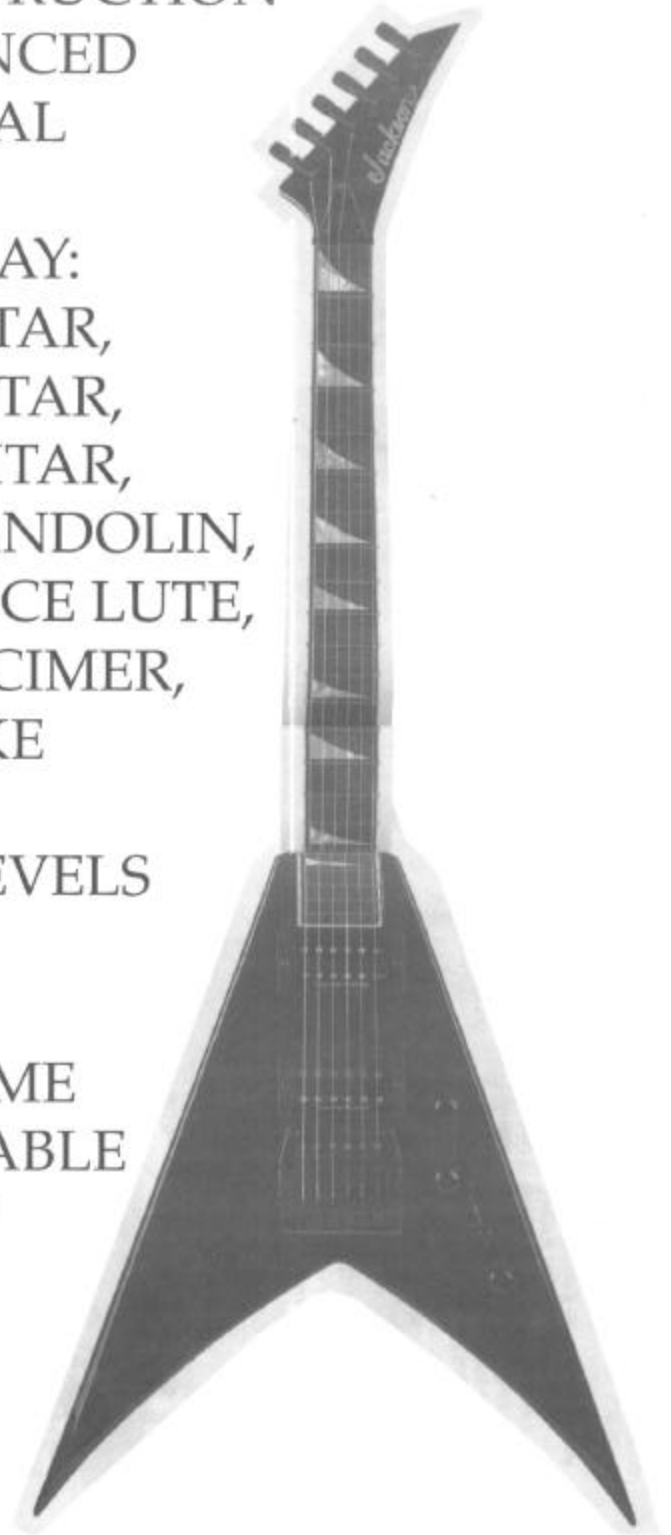
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## Not just any old Showcase

By Brittany Woehler



Junior Chris Saxon

It was another fun filled night with singing and dancing at Showcase 3 on February 27, 2003, at 7:30 p.m. The night began with a performance by freshman Kaitlin Conway, who sang "Killing Me Softly." Sophomore, Kenzi Viator serenaded the crowd with the song "At Last." Chris Saxon, who wore a Hawaiian print shirt and a red jester hat, delivered his own artistic and hilarious take of the song "Where Do You Go?" Freshmen Alex Aral, Morgan Embleton, and junior, Michelle Smisek beautifully sang the *Little Mermaid's* "A Part of Your World." Freshmen Briana Rose and Natalie Kovacs sang their own adorable rendition of "I Can Do Anything Better Than You," from *Annie Get Your Gun*.

And then Bryan Davis performed. Lindsey LouVierre introduced him by saying, "What can be said about Bryan Davis, but that he's a special boy, who will give a special performance." The performance kept the audience in stitches. He came on to the stage with a straw hat and his ukulele. He sang the

theme song to *Gilligan's Island*; the audience soon joined in the singing. Finally, he put on a wig and dressed up as Dorothy from *The Wizard of Oz*, and sang "Somewhere Over the Rainbow."

To end the night, the audience was given the treat of hearing Michelle Artimez, sing Faith Hill's "The Way You Love Me." She hit every note perfectly and a group of girls joined her on stage and began a square dance.

It was a great evening and everyone enjoyed the fun.



Sophomores Kelly Hardison, Bryan Kennedy and Brittany Johnson singing "Say My Name"

### Corrections:

In the March issue of *Insight* there was a byline error on the article "Honor Societies' Fieldtrip". It should have read - **By Susan Jaen**.

The article and picture caption on "Gibbons Unplugged" incorrectly identified the girl singer. It should have read - **Jill McRitchie**.

We regret these errors.

### *Insight* Staff:

**Dedicated to providing a deeper vision of scholastic, spiritual and social activities**

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Look for this issue of *Insight* on our website: [www.cghsfl.org](http://www.cghsfl.org)

# A twist on a good thing

By Ashley Prchal and Taylor O'Brien

Wednesday, March 19th, Gibbons began the Spring Fling celebration in the gym. It was a nice change of pace with some new games added, including treasure hunt, plunger javelin, and spoon/egg relay; however, the tradition of the tug-of-war between the classes couldn't be forgotten. After the freshman competed against the sophomores and juniors against seniors, the two winning classes battled it out. The freshman class walked away with a roaring victory over the juniors.



Left to right Katie: Hubert, Alexis Conill, Ashley Meiners, Lauren McGee, Lisa Ironman, Peter Magnani, Ashley Prchal, Raina Vangeloff



That evening the Battle of the Bands was held at 7 p.m.. Five bands were showcased with three songs a piece. There was no winner; each band got \$80.00!

The spring fling dance was held in the gym on Friday, March 24. It was a definite success; students showed up in their finest Greek attire. The money collected went to Student Government, who organized all these events, to support future activities that will benefit the entire student body!

"Our goal is to revive the spring dance. We're extremely happy about the turn out and the success of the dance," stated Mr. Cubas.



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# Gym lobby dedicated

By Suzanne Hill



Ms. Crocco, Mrs. Milano, Sr. Marie, Mrs. Copanos and her son John Copanos, with Mr. Ott are at the reception in the new lobby.

On Tuesday, March 18, the entire Cardinal Gibbons family, including faculty, students, and members of the PTF gathered in the gym for the formal dedication of the new addition to the gym. The new wing includes a lobby with a concession stand, trophy cases, restrooms, and an upstairs, half-basketball court. Such a major improvement was made possible by generous donors and with funds raised during recent school raffles and the PTF's Annual Auction.



Kirk Copanos  
Class of 1991

Mr. Ott opened the program with an informative speech about the school's history and foundations. He spoke of the Cardinal Gibbons family and the generosity of alumni and benefactors who have contributed to the growth of the school. He then introduced Mrs. Barbara Copanos, who shared fond memories of her son, Kirk, a Cardinal Gibbons student, who died in 1989 of cystic fibrosis.

She related that, despite his illness, Kirk remained an enthusiastic student with a close-knit group of

friends. The gratitude of the Copanos family to Cardinal Gibbons is now reflected by their help in making this new addition a reality. The plaque near the entrance reads, "The lobby is dedicated in loving memory of Kirk Copanos, 1972-1989." Mrs. Copanos acknowledged a group of mothers from the Gibbons family who also faced the untimely death of their children, Bobby Woods, Marisol McDermott, Greg Cullen, and Blake Lefka.

Father Alonso, Father Charles, Father John,



(Right to left), Fr. Alonso, Fr. Charles, Fr. John, with Sr. Marie are blessing the new addition to the gym.

and Sister Marie blessed the new addition and offered their prayers for the school. Then the band and the chorus, under the direction of Mr. Mengerson, led the assembly in singing "Alma Mater" and "God Bless America". A reception followed for the Copanos family and the other guests in the lobby.

Among alumni and benefactors, Louise Crocco also played an important role. She provided the funds to construct the trophy cases in the lobby. The cases were dedicated to the memory of her parents, Michael and Frances Crocco.



The trophy cases

The gym lobby



The concession stand