



2019 Fall Tryout Information

Football

Monday, July 29th, 7:30 am. ALL Teams.

Bring a light lunch.

Any questions contact Coach DuBuc at dubuc@cghsfl.org

Volleyball

Monday, July 29th, 9:00 am -12:00 pm, ALL Teams.

Practices will begin as soon as the teams are chosen.

Any questions contact Coach Reeber at reeber@cghsfl.org

Cross Country - Boys & Girls

Monday, July 29th, 8:00 a.m.

All runners should meet at the track.

Any questions contact Coach May at crosscountry@cghsfl.org

Swimming – Boys & Girls

Monday, July 29th, at Westminster Academy Pool

Any questions email swimming@cghsfl.org

Golf

Boys – TBA

Any questions email boys-golf@cghsfl.org

Girls – TBA

Any questions contact Coach Victoria Hilliard at girls-golf@cghsfl.org

Be sure to check the individual team page for more information

<http://www.cghsfl.org/athletics>

All students must complete registration and upload all Mandatory documents on FamilyID before they may participate in any team tryout and/or summer conditioning.