



2018 Fall Tryout Information

Football

Monday, July 30th, 7:30 am. ALL Teams.

Bring a light lunch.

Any questions contact Coach DuBuc at dubuc@cghsfl.org

Volleyball

Monday, July 30th, 9:00 am -12:00 pm, ALL Teams.

Practices will begin as soon as the teams are chosen.

Any questions contact Coach Reeber at reeber@cghsfl.org

Cross Country - Boys & Girls

Monday, July 30th, 8:00 a.m.

All runners should meet at the track.

Any questions contact Coach May at crosscountry@cghsfl.org

Swimming – Boys & Girls

Monday, July 30th, at Westminster Academy Pool

July 30-August 9th, Mon-Fri 1:00-3:00

Beginning August 10th, Mon-Fri 5:30am-7:00am

Any questions contact Coach Russo russo@cghsfl.org

Golf

Boys – August 1st, 10:00 am at Coral Ridge Country Club

Any questions contact Coach Brady at 954-739-9522

Girls – August 14th at Coral Ridge Country Club, time TBA

Any questions contact Coach Victoria Hilliard at girls-golf@cghsfl.org

Be sure to check the individual team page for more specific information

<http://www.cghsfl.org/athletics>

All students must complete registration and upload all Mandatory documents on FamilyID before they may participate in any team tryout and/or summer conditioning.